



2017-2018

Parent/Player

Handbook



**DFW Elite Owner:** Kimberly Sherman

**Administrative Staff:** Pam Compton, Assistant Director of Talent  
Renita Davidson, Director of College Recruiting  
Kimberly Sherman, Club Director  
Quanesha Speed-Small, Director of Communications

**Practice Facilities:** Everman High School  
McClure Athletic Complex (Dallas)  
Summit International Prep

Elite Volleyball website: [www.dfwelitevb.com](http://www.dfwelitevb.com)

## What to Bring to Tryouts

1. Proof of paid USAV registration. Go to [www.ntrvolleyball.net](http://www.ntrvolleyball.net), click on registration follow the instructions.
2. A copy of the player's birth certificate.
3. Medical release form completed in full, this form does not have to be notarized at this time.
4. \$25 tryout fee, cash or money order

If a player is going to miss a scheduled tryout please notify us in advance. Please plan on arriving at least 20 minutes early for tryouts and plan to attend the whole 2hr of tryouts, offers are made that day. A parent or guardian needs to accompany each prospective player to tryouts

**Tryouts Location:** Summit International Prep  
1305 N Center St.  
Arlington, TX 76011

<b>2017-18 TRYOUTS:</b>			
	<b>Date</b>	<b>Time</b>	
<b>10-15s</b>	<b>Sept 30</b>	<b>3-6pm</b>	<b>Summit Prep</b>
<b>16-18s</b>	<b>October 8</b>	<b>6-8pm</b>	<b>Summit Prep</b>
<b>Metro</b>	<b>October 15</b>	<b>4-6pm</b>	<b>Everman HS</b>



# DFW Elite Teams

## Legacy National

- 10-12 players per team
- National uniform package
- National coach and assistant coach that are Impact certified
- 2-3 Practices Weekly
- 2 weeks of practice in December included
- Hotels for coaches
- Flights for coaches
- Tryout fee \$25 per person
- Strength & Conditioning
- **Deposit of \$600 per person due at signing.** Remainder in equal payments based on choice of payment plans. Discount offered for full payment at signing.

**Elite National Travel team:** Competition within Texas and at least 1 out of state tournament. (8 tournaments, 5 local & 3 travel)

## Black Level

- Compete Within Texas and surrounding areas
- 10-12 players per team
- Uniform package
- Impact certified coach
- 2 practices per week
- 2 weeks of practice in December
- Strength & Conditioning
- Tryout fee \$25 per person
- **Deposit of \$600 per person due at signing.** Remainder in equal payments based on choice of payment plans. Discount offered for full payment at signing.

**Black Team:** Competition within Texas and 1 out of state tournament. (7 tournaments, 2 travel tournaments.)



## Blue Level

- Compete within the DFW Area (limited travel)
- 10 players per team
- 1 Impact Certified Coach
- Uniform package
- 2 practices per week
- Tryout fee \$25 per person
- **Deposit of \$425 per person due at signing.** Remainder in equal payments. Discount offered for full payment at signing.

**Blue Level:** Competition on a local level (5 tournaments and 2 scrimmages)

## Metro Level

- Compete within the DFW Area
- 10 players per team
- 1 Impact Certified Coach
- Uniform package
- 1-2 Practices per week (may vary)
- Tryout fee \$25 per person
- **Deposit of \$255 per person due at signing.** Remainder in equal payments. Discount offered for full payment at signing.

**Metro:** Competition on a local level (5 tournaments and 2 scrimmages)



## Welcome to Club Volleyball

### Commitment

Academics are the number one priority; however, homework and school projects are NOT an excuse to miss numerous practices or tournaments. Players must be able to manage their time so that they get their schoolwork done appropriately and are still able to attend practices and tournaments with quality physical and mental focus. DFW Elite Volleyball Club supports athletes who participate in High School sports. Players will not be penalized for missing a club event for a High School athletic competition. It is very important to have quality and timely communication with the coach about any possible conflicts. The player must let her club coaches know as soon as her school sports schedule is available, preferably at least two weeks before the event. Athletes competing in other club sports need to communicate those conflicts to the coaches. Playing time in tournaments will be affected due to practice and tournaments missed for another club sport. Absences due to high school athletics or required school events as well as injury or illness may be excused. All other absences are unexcused and are likely to affect playing time. Excessive unexcused absences may result in dismissal from the team as determined by the coach. Players and their families will receive a warning if a player is reaching their limit of unexcused absences. The coach has the right to dismiss the player from the team if a lack of commitment and attendance continues.

### Expectations

As a member of our organization, it is critical to understand that you represent yourself and the club, coach, family, and the DFW Elite Volleyball Club community at all times. Whether you are on or off the court, we expect all players to maintain a positive image that reflects highly on all of the activities and behaviors described below.

#### **Player Expectations:**

- 1) To attend all practices and tournaments. If for some reason a player is going to miss a practice or game, it is her responsibility to contact her coach directly as far in advance as possible.
- 2) Be a team player; the team comes first, always and no matter what.
- 3) Have a positive attitude at all times; encourage and support your teammates to the best of your ability whether you are on the court or on the sidelines.



- 4) Demonstrate strong club/team spirit and pride.
- 5) Be a leader on and off the court.
- 6) Stay focused, mindful, and display a strong work ethic at every practice and tournament.
- 7) Always show respect to all teammates, parents, coaches and officials.
- 8) Do not provide, use, or condone the use of tobacco products, alcoholic beverages, or recreational drugs. The use of any illegal substance will not be tolerated.
- 9) Clean up after yourself (gyms, cars, hotels, restaurants, schools, etc.).
- 10) Be the kind of teammate you would like to have beside you. Find ways to make your teammates better at every opportunity and celebrate team successes.

### Practice Rules

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- 1) Players should be at practice at least 15 minutes early so they have time to put on shoes/kneepads, and have the net up by the time practice is scheduled to start (It is not the coach's responsibility to put up the net.)
- 2) Players need to bring their own water bottle to every practice so that they stay well hydrated and water breaks can be taken quickly.
- 3) Come to practice mentally prepared; have personal goals set for yourself before each practice.
- 4) If a player is going to miss a practice, they must inform their coach directly and in advance. Telling a teammate to tell the coach is not an acceptable vehicle of communication.
- 5) No walking -run or jog everywhere!
- 6) Find ways to improve and have a specific technical goal to work on during every drill. Don't just go through the motions.
- 7) Do not speak or distract teammates while the coach is communicating with the team.
- 8) Practice the way you want to play at tournaments. All of your habits and foundations for your play are created during practice.
- 9) Take care of our facilities-Remove all water bottles, towels, etc. from the floor.



10) Parents are not allowed in the practice area, unless they have prior approval from the club directors.

### Tournament Rules

- 1) At the completion of each tournament, be sure the team area is left the way it was found.
- 2) Obey all food and beverage policies of the tournament or gym.
- 3) Abide by all rules set by the coaches or chaperones at all times
- 4) Check in with coaches and chaperones before leaving the playing facility, hotel, lobby, pool, etc. Players must always travel or be accompanied by at least one or more teammates.
- 5) Each team's coach or chaperone will assign a curfew. Team chaperones will oversee and regulate his/her own team's curfew.
- 6) Athletes are not able to leave until reffing duties are complete.
- 7) Parents are responsible for ALL travel to and from the tournaments.
- 8) Parents will receive tournament information the week of the tournament.

### Officiating

- 1) Officiating is the responsibility of the entire team.
- 2) No player is ever allowed to leave the tournament while her team is officiating.
- 3) Each coach will determine a procedure that his/her team will follow for officiating duties.

#### Playing Time:

- 1) All players will have equal opportunities to train and play during practice sessions.
- 2) Players are NOT guaranteed equal playing time during tournaments and coaches will make playing time decisions based on what they think will bring success to the team.
- 3) Players will be expected to earn a starting position or playing time every day in practice.



- 4) Factors that can affect playing time are: attendance at practice, attitude and work ethic, leadership skills, team chemistry, statistical analysis, and performance during practices and matches.
- 5) Players on the bench must encourage and show their support for players on the court. No bad attitudes or sulking will be tolerated.
- 6) Parents are not allowed to approach coaches in regards to playing time.

### ***Parents' Responsibilities***

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1. To provide transportation to and from tournaments, as well as to practice sites.
2. You are financially responsible for your child, whether or not you attend a tournament. If you will not be accompanying your daughter to a tournament, be sure to give her enough money to cover food costs and entertainment.
3. Contact your team parent prior to a tournament if you need additional information. Most information can be found at [www.dfwelitevb.com](http://www.dfwelitevb.com) . It is your responsibility to know where a tournament is held and how to get there.

### ***Parent Code of Conduct:***

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- 1) It is important to cheer for our team, and not against another team. (Be positive at all times)
- 2) Do not argue with officials. Keep in mind; officials are trying to do their best. They are human.
- 3) Good sportsmanship is a vital component of DFW Elite VBC, so be a good role model for your daughter and demonstrate good sportsmanship at all times.
- 4) Aggressive or hostile confrontations between a parent and any coach, official, player, or other parents will not be tolerated and may result in parents losing the privilege to attend team tournaments or practices.
- 5) Basic rule: If you have nothing positive to say, say nothing at all. Discussing negative comments or criticizing DFW Elite coaches, administrators, team parents, chaperones, or players will not be permitted. This creates a negative culture that we will not tolerate. If you have questions for a coach or administrator, please direct your question to that coach or administrator directly as opposed to discussing the matter with other parents or players.





Please set a good example for your daughter by showing respect to our coaches and administrators and complying with their rules and decisions.

\*Please note: Parents are never to discuss playing time or any concerns regarding strategic decisions with the coaches at a tournament or practice. If you have concerns, please set up a separate time to speak or meet with the coaches.

6) A parent's role is to support their daughter and support the team she made a commitment to whether you agree with a coach's decisions and strategies or not. You must understand that DFW Elite coaches will make choices based on what they believe to be in the best interest of the team as a whole, the team's goals, and not with the interests of a single player in mind.

7) We very much appreciate you entrusting our coaches with your daughter's volleyball development and career. Once you make the choice to do so though, please leave the coaching to our capable coaches and don't provide feedback to your daughter that is potentially conflicting with the training she is receiving from her coaches. This is especially important during tournaments. Parents are there to support their daughters and celebrate team successes and for a hug after a rough match.

8) Parents must ally themselves with the coach in teaching their daughter how to cope with the potential frustrations of being a member of a team. Sports provide an excellent opportunity to teach young women about the realities of highly competitive situations. They must be taught how to be a valuable team member regardless of their role, how to make use of both positive feedback and constructive criticism, how to cope with adversity, and how to be a gracious winner.

9) Please take the time to consider how much time, energy, effort, and dedication your team's coaches are putting into coaching the team for relatively little compensation. They do it because they are passionate about the sport of volleyball and want to pass that along and help your daughter and her teammates to be the best players and team that they can be. Please be appreciative of their efforts and all that they do and realize that they deserve your respect and support and that all of our coaches are always well intentioned and have the best interests of their teams in mind.

10) Emails -Parents will NEVER express concerns or ask specific questions relating to playing time, positions, or strategic coaching decisions over email. Parents are welcome to discuss these matters in an appropriate setting but must do so by arranging a time to meet with the coaches. Additionally, emails to the entire team are to be used only to distribute logistical information to the team and parents. Any other team wide discussions related to the team are to be had in person and in an appropriate setting.



## Communication

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- 1) Our website provides us with an excellent tool for communications club wide. Please use this resource to find information regarding schedules, club information, and registration and payment procedures.
- 2) Coaches will provide their teams with their preferred method of communication and will work closely with their team parent to make sure the team has all relevant information for practices and tournaments.
- 3) Please communicate with all coaches, club staff, fellow parents, and players in a respectful and considerate manner. Disrespectful or rude communications will not be tolerated.
- 4) All parents must sign up for Remind 101 and/or Group Me
- 5) If there is an issue or matter of concern that needs to be addressed the process needs to adhere to the following guidelines:
  - Step 1: Player addresses any issues or concerns directly with their coaches. If the issue is not resolved then,
  - Step 2: Parents and player meet with coaches together –not during or immediately following a tournament. If the first two steps have taken place and the issue still has not been resolved,
  - Step 3: Contact the Club Director to arrange a meeting.



Please Sign and return this portion to DFW Elite

### **Athlete Agreement**

I \_\_\_\_\_, have read, understand, and agree to the policies, procedures and obligations set forth in the Elite Volleyball Club Handbook. As evidence by my signature, I certify that I have read and understand all of the foregoing and consent to abide by the rules as set forth herein.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

### **Parent's Agreement & Consent**

I \_\_\_\_\_, have read, understand, and agree to the policies, procedures and obligations set forth in the DFW Elite Handbook. I understand the severity of breaking a rule. If I violate or challenge a rule, I realize that I face possible dismissal from DFW Elite VB. I understand that it is the decision of the coach and club director to assign the consequence that he/she feels necessary to fit each individual circumstance. In addition, I certify that as Parent or/Guardian of this athlete, I have explained to my daughter the aforementioned stipulated conditions and their ramifications, and I consent to his/her participation in the programs conducted under USAV, NTR, and DFW Elite VBC of which she is a member. I agree to pay the fees set forth by DFW Elite, allowing my child to participate in the program. I also understand if my player is injured or chooses to quit for any reason, I am still financially responsible for the total amount.

\_\_\_\_\_  
Player Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Guardian Name

\_\_\_\_\_  
Signature



## Player Commitment & Code of Conduct

My commitment with DFW Elite Volleyball Club and to myself is to become the best volleyball player and person I can be. I understand that my participation in the club requires I conduct myself accordingly. I understand that if I do not live up to my commitment this will have a negative effect on me, my team and the club.

1. \_\_\_\_\_ I will commit to attend all practice sessions that I can, matches, and tournaments. I will arrive early and be prepared to assist in setup as well as stay late to assist in net takedown and clean-up as necessary. When necessary I will share in referee, line judge, and other work responsibilities. If I am unable to attend, I shall notify the coach or assistant coach at least one day prior to the session (or as specified by coach per team policy). I will provide a calendar of known dates that conflict with my commitment to the practices and tournaments in advance to my coach, and I will never leave a practice or tournament without first receiving permission from my coach
2. \_\_\_\_\_ I will commit to always exhibit a teamwork attitude, understanding that the coaches make the final decision on all playing time and I will support their decision. If I am concerned about playing time and skill development, I will communicate directly with my coach and request help and/or clarification.
3. \_\_\_\_\_ I will commit to always work hard at practices and tournaments and will take my and my teams development seriously. I will commit to being courteous and respectful to all coaches, teammates, competitors, referees, and to the facilities I am playing in. I will be a positive role model to my fellow players, coaches and all parents
4. \_\_\_\_\_ I will commit to not using any inappropriate language or gestures at any time while representing DFW Elite. I promise to dress appropriately, in the team uniform, for all tournaments.
5. \_\_\_\_\_ I will commit to following all policy as stated in this handbook regarding my behavior and actions as a DFW Elite athlete.
6. \_\_\_\_\_ I will commit to budget my time to meet the responsibilities of being a DFW Elite team member, maintaining my academic goals, and participate in social and community projects.
7. \_\_\_\_\_ I will commit to communicate both on and off the court with my teammates and coaches for mutual understanding. I will be attentive and focused on my coach's instruction and embrace their suggestions for improvement with eagerness and appreciation.

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_